

SANDWICHES ADD CHIPS +3.90

SERVED FROM 12-6PM ONLY... AT PEAK TIMES!

COELIAC ADAPTABLE ON REQUEST

GOAT'S CHEESE PANINI 8.50

CREAMY GOAT'S CHEESE WITH SUN-BLUSHED TOMATO, BASIL PESTO, BLACK OLIVES WITH RED ONION MARMALADE

STUFFED CHICKEN WRAP 7.50

CHICKEN, STUFFING, CRANBERRY SAUCE AND HAM

GREEK WRAP 7.50

HUMMUS, FETA, PESTO, BEETROOT & FALAFEL

CAJUN MELT ON SOURDOUGH 7.90

CAJUN CHICKEN ON SOURDOUGH WITH RED ONION, MELTED CHEESE & CAJUN MAYO

ITALIAN TUNA MELT 9.90

TUNA & MAYO, SUNDRIED TOMATOES, BLACK OLIVES, RED ONION JAM, WITH MELTED CHEESE ON HOMEMADE BROWN BREAD

CHICKEN PESTO PANINI 8.50

CHICKEN STRIPS WITH PESTO MAYONNAISE, RED ONION. TOPPED WITH MELTED CHEDDAR

TALBOT'S CLUB 10.50

THREE LAYERS OF TOASTED BREAD WITH CHICKEN, BACON, LETTUCE, TOMATO, EGG, ONION & MAYO

BLT 7.90

TWO LAYERS OF TOASTED BREAD WITH BACON, LETTUCE, TOMATO & MAYO

SMOKED SALMON BAGEL 9.90

BAGEL WITH SMOKED SALMON & LEMON & DILL CREAM CHEESE TOPPED WITH PICKLED ONION

SIDE ORDERS

SWEET POTATO FRIES 4.90

COLESLAW 3.90

DRESSED SIDE SALAD 4.50

SAUTEED ONIONS 3.90

HOMEMADE CHIPS 4.50

MUSHROOMS 3.90

POTATO WEDGES 4.90

½ & ½ Extra 1.50

GARLIC CUBED POTATOES 4.90

ONION RINGS 4.50

ALL FOOD IS COOKED FRESH TO ORDER PLEASE ALLOW TIME FOR SERVICE

20 MINUTES + DEPENDING ON ORDER AND MORE AT PEAK TIMES

ALL OUR BEEF IS 100% IRISH

CAUTION: FISH & SHELLFISH MAY CONTAIN BONE OR SHELL

STARTERS

HOMEMADE SOUP OF THE DAY 5.50 *COELIAC FRIENDLY*

SERVED WITH OUR FRESHLY BAKED BROWN WHOLEMEAL BREAD
SOUP IS GLUTEN FREE... BREAD CAN BE CHANGED BY REQUEST

WILD COAST SEAFOOD CHOWDER 10.90 *COELIAC FRIENDLY*

HEARTY ASSORTMENT SALMON, COD, SMOKED HADDOCK IN OUR RICH CREAMY FISH SOUP,
SERVED WITH OUR BAKED BROWN BREAD
CHOWDER IS GLUTEN FREE....BREAD CAN BE CHANGED BY REQUEST

BLACKSOD FISHCAKES 12.90

BLACKSOD BAY FISH BLENDED WITH SEASONED POTATO CHAMP,
ENCASED IN A CRISPY CRUMB WITH A MANGO YOGURT DRIZZLE

PRAWN COCKTAIL 13.90

BABY PRAWNS ON A BED OF MIXED LEAVES WITH SPICED MAYO DIP

CHILLI BEEF NACHO SKILLET 10.90

NACHOS LOADED WITH CHILLI BEEF, MELTED CHEESE, SOUR CREAM
& GUACAMOLE ON THE SIDE

CHICKEN & BACON CAESAR SALAD 10.90 *COELIAC ADAPTABLE*

CHICKEN, BACON, PARMESAN CHEESE, CRISPY LETTUCE, CROUTONS AND CAESAR DRESSING

CRISPY GARLIC MUSHROOMS 8.50

HERB CRUMBED MUSHROOMS SERVED WITH ROASTED GARLIC MAYONNAISE

BREADED MOZZARELLA STICKS 8.90

GREEN SALAD LEAVES WITH SWEET CHILLI AND LIME AOILI

GOAT'S CHEESE & BEETROOT SALAD 12.90 *COELIAC ADAPTABLE*

BITTER LEAVES, BEETROOT, STRAWBERRIES & ELDERFLOWER DRESSING
WITH ROASTED HAZELNUT GRANOLA

FIERY LOUISIANA HOT WINGS 10.50 *COELIAC FRIENDLY*

SERVED WITH CELERY STICKS AND BLUE CHEESE LEMON & CHIVE DIP

BOURBON BBQ FRESH WINGS 10.50 *COELIAC FRIENDLY*

TASTY SWEET WINGS TOSSED IN OUR BBQ SAUCE WITH A DROP OF THE GOOD STUFF
FOR FULLER FLAVOURS SERVED WITH CELERY STICKS

TOMATO AND ONION BRUSCHETTA 10.90 *COELIAC ADAPTABLE*

CIABATTA LOADED WITH A BLEND OF TOMATOES, ONION, GARLIC AND PESTO
DRIZZLED WITH BALSAMIC DRESSING...DELICIOUS

ORGANIC OAK SMOKED SALMON WITH BOXTY 12.90

BOXTY, A TRADITIONAL BELMULLET POTATO BREAD IS A MUST TO TRY WHILE IN THE WEST,
TEAMED WITH OAK SMOKED SALMON, SOUR CREAM, CAPERS AND BEETROOT

MAINS

BEER BATTERED COD & CHIPS 18.90 *COELIAC ALTERNATIVE AVAILABLE*

OUR FAMOUS BEER BATTERED COD WITH LEMON INFUSED ACHILL SEA SALT,
MUSHY PEAS, DILLISK INFUSED TARTAR SAUCE

STEAK SANDWICH & CHIPS 18.50 *COELIAC ADAPTABLE*

STRIPS OF TENDERLOIN STEAK ON GARLIC MAYO SMOTHERED CIABIATTA ,
SAUTÉD ONIONS & MUSHROOMS, MELTED MATURE CHEESE
& PEPPERCORN SAUCE ON THE SIDE

ROAST SIRLOIN OF IRISH BEEF 16.90 *COELIAC ADAPTABLE*

SERVED WITH CREAMY MASHED POTATOES, YORKSHIRE PUDDING,
WINTER VEGETABLES & RED WINE JUS

POACHED DARNE OF SALMON 20.90 *COELIAC FRIENDLY*

SALMON ON A BED OF CHAMP MASHED POTATO WITH A
HORSERADISH & CELERIAC CREAM

TEXAN CHICKEN BURGER 17.50

SEARED SOUTHERN SPICED CHICKEN FILLET, TOASTED FLOURY SOURDOUGH BUN, LETTUCE,
TOMATOES, RED ONION & GUACAMOLE SERVED WITH SWEET POTATO FRIES

BOURBON BBQ PORK RIBS 17.50 *COELIAC FRIENDLY*

TASTY SWEET PORK RIBS MARINATED IN OUR BBQ SAUCE WITH A DROP OF THE GOOD STUFF
FOR FULLER FLAVOURS, SERVED WITH COLESLAW & CHIPS

WILD ATLANTIC SEAFOOD PLATTER 29.90 *COELIAC ADAPTABLE*

OUR HOUSE SPECIALITY IS A REAL TREAT FOR SEAFOOD LOVERS
A SELECTION OF FISHCAKE, COD, CRAB CLAWS, SMOKED MACKEREL, BABY PRAWNS, MUSSELS,
DIPS & INHOUSE BROWN SODA BREAD

DELUXE SOURDOUGH BEEF BURGER 17.50

INHOUSE BEEF PATTY, CRISPY BACON, DUBLINER CHEDDAR, TOMATOE RELISH ,
MIXED LEAVES, ONION & TOMATO WITH SEASONED CHIPS

SEAFOOD & CHORIZO TAGLIATELLE 19.90 *COELIAC FRIENDLY*

SMOKED SALMON & MUSSELS ENTANGLED IN A RICH TOMATO SAUCE, FRESH BASIL & SPINACH

10oz SIRLOIN STEAK 28.90 *COELIAC FRIENDLY*

PRIME 21 DAY AGED SIRLOIN, CARMELISED ONION & MUSHROOMS,
SERVED WITH GARLIC POTATO CUBES

TAGLIATELLE CHICKEN CARBONARA 17.90 *COELIAC FRIENDLY*

GF BREAD AVAILABLE IF REQUESTED
CHICKEN & BACON IN A CREAMY WHITE WINE SAUCE SERVE WITH *GARLIC BREAD

FIERY LOUISIANA HOT WINGS 15.90 *COELIAC FRIENDLY*

FIREY FRESH WINGS TOSSED IN OUR SECRET HOT SAUCE SERVED WITH OUR COOLING BLUE
CHEESE & GARLIC CRÈME FRAICHECHIPS AND COLESLAW

BLACKSOD FISHCAKES WITH CHIPS 17.90

OUR FAMILY RECIPE CONSISTS OF A MELODY OF FISH FLAKED AND BLENDED IN SEASONED
POTATO CHAMP, ENCASED IN A CRISPY CRUMB
WITH A MANGO YOGURT DRIZZLE

BOURBON BBQ FRESH WINGS 15.90 *COELIAC FRIENDLY*

TASTY SWEET WINGS SMOTHERED IN OUR BBQ SAUCE
SERVED WITH CHIPS AND COLESLAW

CHICKEN DRY HOT & SPICY 16.90

BREADED CHICKEN GOUJONS WITH CARMELISED CHILLI ONIONS
A SIDE OF CURRY SAUCE, EQUALLY GOOD WITH RICE AND/OR CHIPS YOU CHOOSE!

FRAGRANT TALBOT CURRY *COELIAC FRIENDLY*

MIXED VEGETABLES SERVED WITH LIME INFUSED RICE & GARLIC NAAN
WITH **CHICKEN** € 17.50 **BEEF** €18.50 OR **PRAWNS** €19.90

VEGAN TOFU CURRY 17.50 *VEGAN & COELIAC FRIENDLY*

SAUTÉED TOFU WITH SWEET POTATO, MIXED VEGETABLES, CHICKPEAS SMOTHERED IN MILDLY
SPICY CURRY STEAMED LIME RICE & POPPADOM

½ & ¼ 1.50

**DEAR COELIACS, MANY OF OUR DISHES CAN BE ADAPTED FOR COELIACS,
WE USE CORNFLOUR WIDLY TO THICKEN OUR SAUCES & GRAVIES, WE OFFER
GF BURGER BUNS, GF BREAD , GF PIZZA BASE AND GF PASTA (A LITTLE SLOWER TO COOK)
PLEASE ASK SERVER IF YOU HAVE ANY SPECIAL DIETARY REQUESTS**

DESSERT *MAKES EVERYTHING BETTER!*

TALBOT'S EVERCHANGING CHEESECAKE 6.90

YOU ARE IN FOR A TREAT WITH OUR CREAMY INDULGENT CHEESECAKE
PLEASE CHECK WITH YOUR SERVER THE FLAVOUR OF THE DAY

STICKY TOFFEE PUDDING 6.90 *COELIAC FRIENDLY*

MOIST STEAMED TOFFEE & DATE (FINELY CHOPPED) CAKE, WARM
BUTTERSCOTCH SAUCE, VANILLA ICE CREAM & HONEYCOMB CRUMB

BAKED CHOCOLATE BROWNIE 6.90

WARM BROWNIE TOPPED WITH CARMEL, CHOCOLATE SAUCE & VANILLA ICE CREAM

OUR ORIGINAL BANOFFI PIE 6.90

A FIRM FAVOURITE FOR 19 YEARS
LAYERED BISCUIT BASE, TOFFEE, CREAM, BANANAS, ACHILL SALTED CARMEL SAUCE

CHOCOLATE & ORANGE CAKE 6.90 *VEGAN IF REQUESTED*

IMAGINE TERRY'S CHOCOLATE ORANGE MARRIES CAKE...YUMMY!
ORANGE & COCONUT CARMEL, VANILLA ICE CREAM *OR SORBET FOR VEGANS*

APPLE & MIXED BERRY CRUMBLE 6.90

WARM BAKED APPLES & BERRIES, BUTTERY CRUMBLE TOPPING
SERVED WITH CUSTARD

CHOCOLATE CHIP COOKIE SKILLET 8.90

SKILLET BAKED GIANT COOKIE TOPPED WITH VANILLA ICE-CREAM
IDEAL FOR SHARING ...

STRAWBERRY JELLY & VANILLA ICE CREAM *COELIAC FRIENDLY*

ICE CREAM SUNDAE 5.90

TAKE YOUR PICK FROM
LOTUS BISCOFF, OREO, STRAWBERRY, FERRER ROCHER & MINT AERO
STRAWBERRY & MINT AERO ARE *COELIAC FRIENDLY*

BAILEYS COFFEE 9.00

IRISH COFFEE 9.00

FRENCH COFFEE 9.00

KALYPSO COFFEE 9.00

FRESHLY BAKED INHOUSE

FRUIT SCONE with Jam & Cream 3.00

PLAIN SCONE with Jam & Cream 3.00

PIZZA

PIZZAS AVAILABLE: FRIDAY EVENING, ALL DAY SATURDAY & SUNDAY

ADD COMBO CHIPS TO YOUR PIZZA +3.50

STONEBAKED PIZZA USING OUR DOUGH USING THE FINEST ITALIAN FLOUR IS FERMENT FOR 3 DAYS TO DEEPEN THE FLAVOUR.

OUR AUTHENTIC RECIPE CONTAINS NO SUGAR OR OIL IN THE DOUGH OR SAUCE

OUR SIGNATURE PIZZAS

POSH PEPPERONI 15.90

PEPPERONI, RED ONION MARMALADE, JALEPENOS, BALSAMIC DRIZZLE AND FRESH ROCKET

CHICKEN PESTO 14.90

SPICY TOMATO SAUCE WITH SMOKED CHICKEN, PARMESAN SHAVINGS, PESTO

MEDITERRANEAN 14.90

GOAT'S CHEESE, SUNDRIED TOMATOES, OLIVES & PESTO

VEGAN MEDITERRANEAN 15.90

VEGAN CHEESE, SUNDRIED TOMATOES, OLIVES, PEPPERS & PESTO

ITALIAN 15.90

FRESH MOZZARELLA, SUNDRIED TOMATOES, PESTO, PEPPERONI AND FRESH ROCKET

MEATFEAST 15.90

CRISPY BACON, PEPPERONI, SMOKED CHICKEN, HAM & CHORIZO

TACO 14.90

CHILLI BEEF, SOUR CREAM, MOZZARELLA & JALAPENOS

SEAFOOD 15.90

SMOKED SALMON, BABY PRAWNS, CHILLIES, ROCKET & BALSAMIC

MARGHERITA 12.90

HAWAIIAN 13.50

PEPPERONI 13.90

CREATE IT YOURSELF:

REGULAR TOPPINGS... +.80 OLIVES, ONIONS, TOMATO, MUSHROOMS, PEPPERS, PINEAPPLE,
JALEPENOS, ROCKET

GOURMET TOPPINGS... +1.60 SUNDRIED TOMATOES, PEPPERONI, CRISPY BACON, BABY
PRAWNS, HAM, SMOKED CHICKEN, PARMESAN SHAVINGS, CHILLI BEEF

****1/2 & 1/2 1.50 EXTRA****



TALBOT'S

BELMULLET

OPEN FROM EARLY TO WAY PAST YOUR BEDTIME!!!

BREAKFAST 8-12 AM

FOOD SERVED DAILY UNTIL 8.30 P.M.

WELCOME TO TALBOT'S BELMULLET,

WE HOPE YOU ENJOY YOUR EXPERIENCE, BUT ESPECIALLY OUR TEAM.

BE KIND TO OUR TEAM ...MOM'S ADVICE STILL STANDS

'TREAT PEOPLE LIKE YOU WOULD LIKE TO BE TREATED' IT'S A GREAT RULE TO LIVE BY.

*TO US OUR GANG ARE SPECIAL, SOME ARE ON THIS JOURNEY WITH US FOR ALMOST 20 YEARS,
MANY MORE JOINING ALONG THE WAY, A FEW ARE NEWBIE'S STARTING OFF IN THERE FIRST
JOB....REMEMBER THOSE DAYS?*















*LIKE ANY FAMILY WE ARE IMPERFECT, BUT WE HAVE LOTS OF HEART, BELMULLET GRIT, LOVE TO
LAUGH AND ARE HAPPIEST WHEN OUR CUSTOMERS ARE HAPPY.*

"SOME CAUSE HAPPINESS WHERE EVER THEY GO, OTHERS WHENEVER THEY GO." ☺

....OSCAR WILDE

ALLERGENS

All 14 allergens are openly used throughout our kitchen. Trace amounts may be present at all stages of cooking.

 PEANUT	 NUTS	 MOLLUSC	 FISH	 DAIRY	 EGG	 CRUSTACEAN (SHELLFISH)
 GLUTEN (WHEAT)	 SOYA	 CELERIAC	 MUSTARD	 SULPHUR DIOXIDE	 LUPIN	 SESAME SEEDS

FULL ALLERGEN MENU AVAILABLE ON REQUEST